

SELF DENIAL '25

SUPER helpful

SUPER kind

SUPER generous

kid zone

COLOURING PAGE

SELF DENIAL '25

HOPE REVEALED
SELF DENIAL 2025



HOPE HEROES

packed with
CRAFT PUZZLES EATS!

kid zone

heaps of
COMICS



GEORGIA

INSIDE

INDIA

TANZANIA

BULGARIA

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WEEK

1

SELF DENIAL 2025



It's time for the Self Denial Appeal! Are you ready to take a trip around the world? Join Kidzone's Cousin Koala and 28-Kay on a SUPER journey across the globe to check out some of the amazing things The Salvation Army does to help people overseas.

Did you know that The Salvation Army is active in more than 130 countries around the world, sharing the love of Jesus and helping people in need—cool!

This year's theme for the Self Denial Appeal is 'HOPE REVEALED'. We'll visit Tanzania, Georgia, India and Bulgaria with CK and 28-Kay as they show us how the Salvos bring hope and God's love to people in these faraway places. We'll also see how the money raised during the Self Denial Appeal helps to transform communities in these countries.

WEEK

1



Intro, money box, memory verse

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WEEK

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Comic, Traveller, make a cool bangle + activities

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WEEK

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Georgia

Comic, Traveller, make a yummy khachapuri + activities

10-13

WEEK

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Comic, Traveller, whip up a mango lassi + activities

14-17

WEEK

5

Bulgaria

Comic, Traveller, make a felt bag + activities

18-21

WEEK

6



Wrap up, comic, prayer + answers

22-24

SELF DENIAL '25

HOPE REVEALED
SELF DENIAL 2025

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Dear God,
Thank you for the way families in Tanzania can support themselves by running their own farms through the Sustainable Agriculture and Livestock Project.
Thank you for the after-school program in Georgia and the difference it makes in children's lives to have somewhere safe to play.



Thank you for the women who are able to start their own businesses through the sewing group in India, and for the help The Salvation Army gives to refugees in Bulgaria.
I pray that everyone's Self Denial Appeal donations will bring hope to people around the world. Amen.

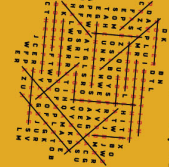


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Answers



Page 13: Code: Blessed are those who are generous. Pages: 1-21, 2-19, 3-6, 4-18, 5-22, 6-10. Page 16: Capital city: New Delhi, Shadows: B.



Page 20: Rebus: Let us show our love for each other with action and truth. Super Words: generous, friendly, helpful, kind.



Page 9:



Hope Heroes WORLD TOUR



Memory Verse:

"May the God of hope fill you with all joy and peace as you trust in him, so that you may overflow with hope by the power of the Holy Spirit"

(Romans chapter 15, verse 13).



Make your own MONEY BOX



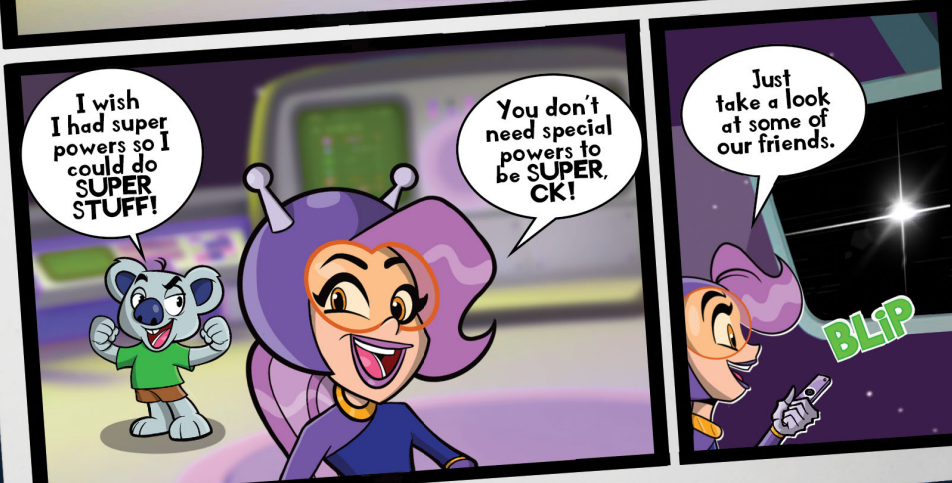
Make your very own money box! You likely have the template with instructions ready to follow. If you need another, scan the QR code to download a copy. Once finished, fill it up with money over the next six weeks.

There are lots of ways to raise money for this year's Self Denial Appeal – maybe you can do extra jobs around the house or wash the car.

At the end of the six weeks, bring in your box so the money you raised can be given to people in need around the world.



Hope Heroes
WORLD TOUR



MAKE & CREATE
FELT BAGS

with Oliver Pickle



What you need:

an adult's help, scissors, felt, cord or ribbon for handle (about 60cm), hot glue gun, scraps of braid to decorate

- 1 Cut two pieces of felt 20cm by 15cm (or whatever size you choose).
- 2 Decorate the front of one of the felt pieces by gluing on the braid. Glue one piece of braid 5cm from the bottom. The felt below this will be cut later to make a fringe. Glue the edges of the braid to the back of the piece of felt so it is neat at the front.
- 3 Glue the sides of the two pieces of felt together as far as the end of the braid 5cm from the bottom of the bag (remember the felt below this will be the fringe!).
- 4 Using this braid as a guide, glue along the bottom of the bag.
- 5 Carefully cut a fringe at the bottom of the bag up to the braid.
- 6 Glue the ends of the cord or ribbon to each side of the bag to make a handle. Cool!



HEY CRAFTY CREW!

Felting is one of Georgia's traditional crafts. They make amazing clothes, slippers – and bags just like ours! They're so colourful and the perfect size to carry around special things. Why not make one of these awesome bags to give to someone? God wants us to be generous to others. That's what the Self Denial Appeal is all about – by raising money for the great programs run by The Salvation Army, we're helping people all around the world. It's a way we can show God's love.

Jesus said, "Love one another as I have loved you" (John chapter 13, verse 34).

Flip through the pages of your booklet looking at all the SUPER words to help you fill in the blanks:

○ ○ N ○ ○ ○ U ○
 ○ R ○ ○ ○ D ○ ○
 ○ ○ ○ P ○ ○ ○
 ○ ○ N ○ ○ ○ ○



God wants us to take care of people who need help — and one of the best and easiest ways to do that is to share the good things we have.

Solve the rebus puzzle to find a verse from the Bible about caring for each other.



1 John chapter 3, verse 18

Don't forget to add your donation to your money box!

Design your own Bulgarian-style folk art by colouring in squares to make a pattern.

Bulgaria

BitBoy is being SUPER helpful.

Jym is being SUPER generous.

Faith is being SUPER kind.

And I'm SUPER PROUD of them.

What are you watching on these screens?

I like to keep an eye on all the super good things The Salvation Army does around the world.

Come with me on an adventure and see with your own eyes.

WAIT! Don't leave yet. I want to dress for the occasion!

NOW I'M READY!

LET'S GO!!!

Are we in Africa?



Yeah. At a local farm in the country of Tanzania.



Habari!



With the help of the money raised by the Self Denial Appeal ...



... The Salvation Army teaches local people how to successfully run their own sustainable farms.



Farmers learn what animals and crops best survive in this climate.

Hello, Mr Goat. You are SUPER adorable.

The Salvation Army has made a huge difference in the entire community and gives support to anyone who needs it.



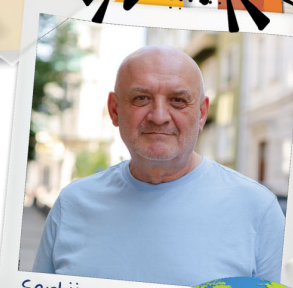
Educating people is SUPER helpful and important. They learn how to provide for themselves and their families for the future.



Bulgaria

Traveller's FUN FACTS!

For the last stop on our SUPER trip around the world, we're heading to Bulgaria.



Serhii

You may have heard about the war in Ukraine. One of the many terrible things about war is that people are often forced to leave their home countries to find safety somewhere else.

Serhii and his young family lived in Kyiv (the capital of Ukraine). When the war started, they fled to Bulgaria where some friends offered a safe place to stay.

Serhii heard that The Salvation Army were helping refugees from Ukraine, so he went there to ask for help. He received financial help and his family found a really supportive community at the corp (church) as well. Serhii now works as the refugee co-ordinator, giving help and support to other Ukrainians needing help in Bulgaria.



Providing help and hope like this is all possible because of the money raised by generous people around the world.



SELF DENIAL

Next week is our last week of the Self Denial Appeal so don't forget to bring in your money box!



Bulgaria's capital city is Sofia.

Bulgaria's population is around 6,620,000.

Bulgaria's currency is the lev.

The most popular sport in Bulgaria is soccer.



The lion is the national animal and features on Bulgaria's coat of arms.



The Balkan Mountains run through the middle of the country from west to east.

Bulgaria is home to about 170 plant species that are found nowhere else in the world, including a species of tulip.

Bulgaria is known for its production of roses and rose oil. Roses have been grown in the Rose Valley, located in central Bulgaria, for centuries.



WORLD TOUR

Tanzania

Traveller's FUN FACTS!



We're heading all the way to Africa on our first stop for the Self Denial Appeal 2025 in Tanzania.



Here we'll see how The Salvation Army's **Sustainable Agriculture and Livestock Project (SALP)** is making a big difference in a village in Tanzania.

We'll **meet Ahadi**, who had struggled to support his large family. Ahadi is a member of his local Salvation Army corp (church) and was so excited to join SALP three years ago.

As part of the program, Ahadi was taught agriculture and business skills and how to raise livestock. He was also **given a goat**. He has now purchased several livestock and his own land! He is also the chairman of the village savings group.

Its official name is the United Republic of Tanzania.

Tanzania is the largest country in East Africa and includes the islands of Zanzibar, Pemba and Mafia.

Soccer is the favourite sport in Tanzania.

Tanzania has a population of more than 67,000,000.

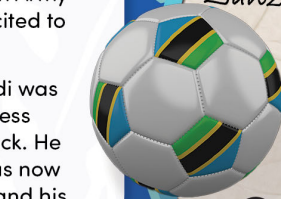
About 90 percent of Tanzanians live in rural areas and live off what they grow.

Mount Kilimanjaro, Africa's tallest mountain, is in Tanzania.

Dodoma is the capital city.

Elephants, giraffes, lions, leopards, rhinoceroses, hippopotamuses, crocodiles and giant turtles are native to Tanzania.

Tanzania's official language is Swahili.



SELF DENIAL

It's awesome to see how the Self Denial Appeal money we raise goes to so many programs like SALP that help people like Ahadi and his family.

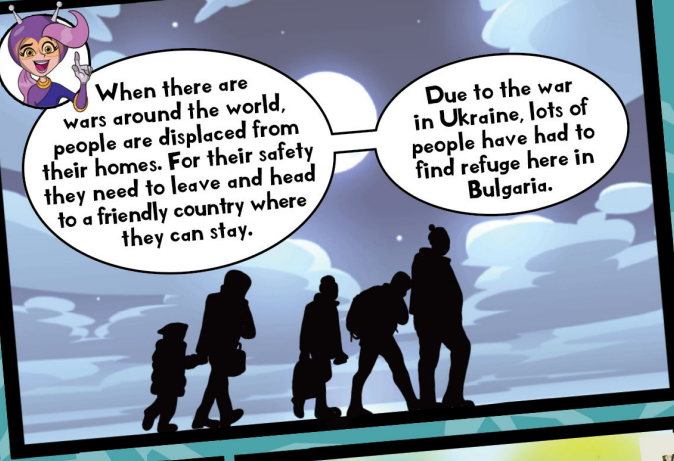


So ... we're back in Europe.

Yep! In beautiful Bulgaria.

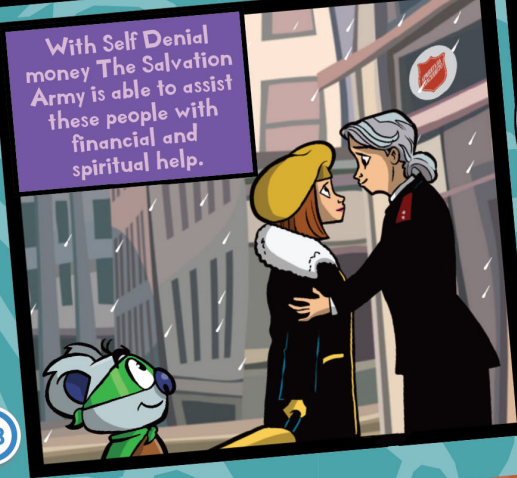


28-Kay. Why are these young people walking through the cold streets with suitcases?



When there are wars around the world, people are displaced from their homes. For their safety they need to leave and head to a friendly country where they can stay.

Due to the war in Ukraine, lots of people have had to find refuge here in Bulgaria.



With Self Denial money The Salvation Army is able to assist these people with financial and spiritual help.



Stories like these make me SUPER happy knowing I can do something to help people ... all around the world.



MAKE & CREATE

with Oliver Pickle

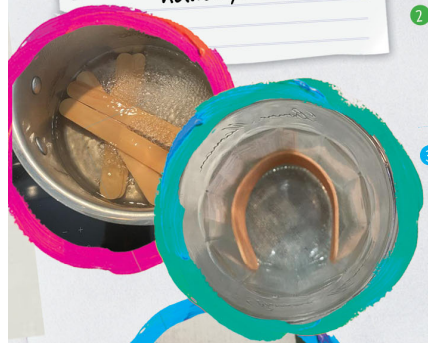
WOODEN CUFFS



What you need:

an adult's help, craft sticks, saucepan or bowl, jars or small containers, felt-tipped pens, washi tape (optional), hairdryer (optional)

- 1 With an adult's help, place your craft sticks into a saucepan of water and boil for about 20 minutes. Alternatively, you can put them in a bowl of water and microwave for a couple of minutes. Let the sticks soak in the water until they become pliable.
- 2 When the sticks have cooled, carefully bend them into jars, cups or other containers to make the size you want. Do this slowly because they can split! Allow to dry (a hairdryer can speed up this process!).
- 3 Choose a simple geometric pattern to draw on your cuff. (Look up Bulgarian folk patterns on the internet for inspiration.) With the pencil, lightly draw your pattern on your cuff.
- 4 Colour in your pattern with felt-tipped pens.
- 5 Alternatively, use washi tape to decorate your cuff.
- 6 Wear your cuffs! Cool!



HEY CRAFTY CREW!

How awesome are these cuffs? We can create so many different patterns on them and each one is unique. That's like us working together for the Self Denial Appeal. We all bring different talents and ideas to help raise money to make a difference in the lives of people in need around the world.

"Each of you should use your gifts to serve others" (1 Peter chapter four, verse 10).

Tanza

GO TO THE INDIA SEW



Don't forget to add your donation to your money box!

DID YOU KNOW?

India is the only country in the world with both lions and tigers.

How do you work with each other to make the correct choice?



EATS WITH CHEFFY!

MANGO LASSI

I'M MAKING...



What you need:

an adult's help, 1 cup frozen mango pieces, 1 cup natural/plain yoghurt, pinch of cinnamon, 1 tablespoon honey, 1/2 cup milk



Instructions:

- 1 Add all the ingredients to a blender.
- 2 Ask an adult to help you blend on high for 1 to 2 minutes.
- 3 If the smoothie is too thick, you can add a splash more milk as it blends to thin it out.
- 4 Pour into glasses and serve with another sprinkle of cinnamon on top.





I'd never heard of the country of Georgia before, 28-Kay. It's really beautiful.

It sure is, CK. And there is some SUPER amazing stuff happening here too.

This week, we're joining CK and 28-Kay on a visit to India to meet a group of women who are stitching their way to a better future.



India's wildlife includes tigers, lions, leopards, elephants, rhinoceroses, bears and deer.

Farming employs the most workers. Crops include grains, sugar cane, fruits, beans, cotton, jute, tea, coffee, rubber and spices.

Its capital is New Delhi.

Industry is also important, with factories producing textiles, chemicals, processed foods, iron and steel, electronics, automobiles and cement.

India is part of the continent of Asia. Most of India forms a peninsula, which means it is surrounded by water on three sides.

India's railway system is the most used and one of the longest in the world. It has almost 64,000 km of tracks.

More than 1.4 billion people live there.

The official currency of India is the rupee.

The world's highest mountain range, the Himalaya, is in the north of the country.

The peacock is the national bird.



Victoria

We'll meet Rita who is from the Punjab province of India. She is a member of a sewing group that was started by the local Salvation Army corp (church). Rita joins women of all different backgrounds to learn sewing skills so they can earn an income and support themselves and their families. The women also receive their own sewing machine. By starting her own business and earning an income from her sewing, Rita is able to afford school uniforms for her children and pay for other household expenses. That is 'sew' good!



Through community programs these, the money raised in the Denial Appeal has a massive impact on thousands of people and forms lives and communities.



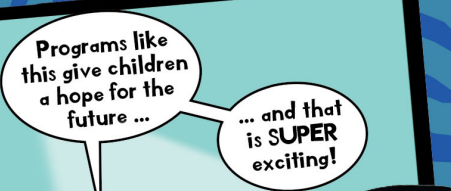
The Salvation Army has been in Georgia for nearly 30 years.



And money raised through the Self Denial Appeal has helped some corps to open after-school programs.

These are safe places where kids get a meal, play games and learn about God.

Some kids learn to play musical instruments and they are encouraged to use their talents to praise God.



Programs like this give children a hope for the future ...

... and that is SUPER exciting!



Georgia



This week CK and 28-Kay take us all the way from Africa to Eastern Europe to visit the country of Georgia.

In the capital city of Tbilisi, we'll meet **Victor** who, as a child, was forced to beg on the city streets to survive. He felt very lonely and needed lots of help and love.

Victor began attending an **after-school program** run by The Salvation Army where children could play and have fun in a safe place, enjoy a meal and learn about how much **God loves us**. When the officers (ministers) there realised Victor needed help, they supported and encouraged him in all kinds of ways.

Today, Victor is a leader at the same after-school program he attended as a child. He is a member of the corp (church) worship band and is a **friend and mentor to many other young people**.

Georgia's national symbols are **Saint George**, the legendary dragon slayer, and the lion.

Its capital is **Tbilisi**.

Georgia is a small country in the **Caucasus Mountains** of Asia.

Forests of oak, beech, alder and fir trees cover more than one-third of Georgia's land.

Farms produce mainly potatoes, vegetables and grapes. There are also gold, copper and manganese mines.

The country's name in the Georgian language is **Sakartvelo**. It borders **Russia, Azerbaijan, Armenia and Turkey**.

3.8 million people live in Georgia.

Goats and Caucasian antelopes live in the mountains and wild boars, deer, brown bears, lynx, wolves and foxes live in the forests.



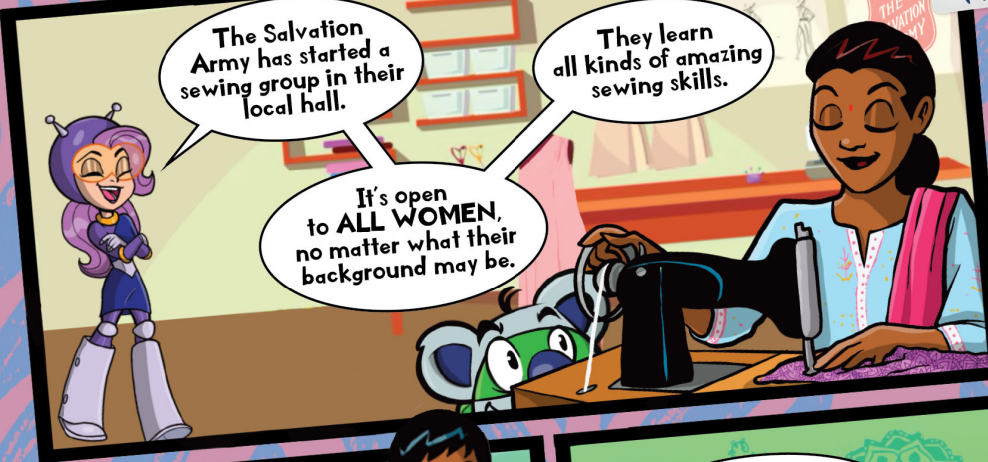
Wowers! India is amazing. So many colours and sounds!

I know, right?

What are you going to show me here?



Rita



The Salvation Army has started a sewing group in their local hall.

They learn all kinds of amazing sewing skills.

It's open to **ALL WOMEN**, no matter what their background may be.



With the help of money raised from the Self Denial Appeal, the women complete the course, not just with new skills but also with their very own sewing machine. This means they can start their own sewing business to support their families.

GALLOPING GUMLEAVES!

The Salvation Army is helping others realise they are **SUPER talented** and **SUPER creative**.

SELF DENIAL

like to Self impact trans



Our Self Denial Appeal money goes to help kids like Victor in Georgia and in loads of other countries around the world! Awesome!

SELF DENIAL





KHACHAPURI

I'M MAKING...

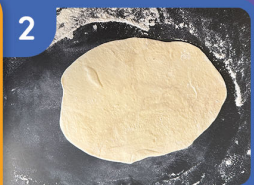
What you need:

an adult's help, 250g fresh pizza dough, 100g ricotta, ¾ cup grated three-cheese blend, 50g feta, 2 tablespoons thickened cream (plus extra to brush), 1 tbsp chopped flat leaf parsley (plus extra to serve), 2 eggs, 40g garlic butter (or plain butter)



Instructions:

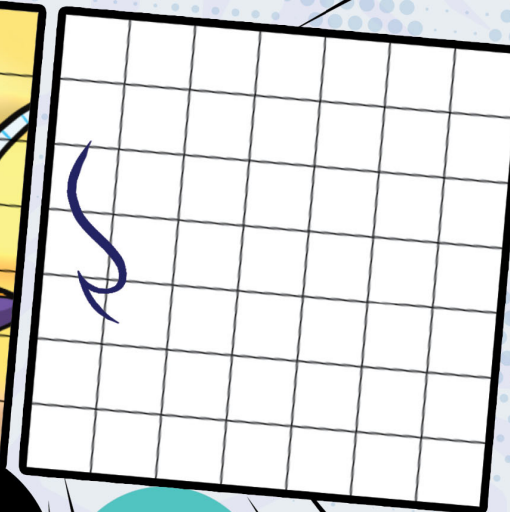
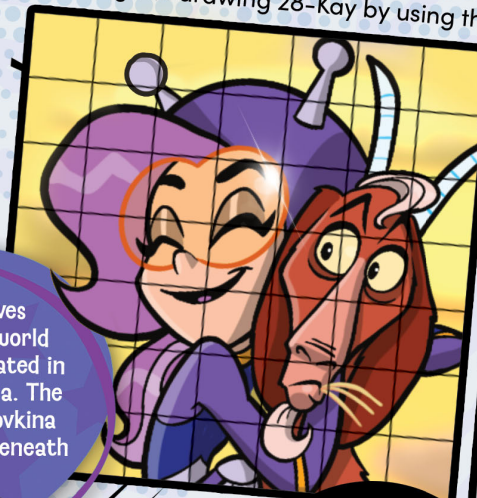
- 1 Ask an adult to help you preheat oven to 200°C.
- 2 Halve the dough and, on a floured surface, roll out each piece of dough to an oval shape around 27 to 30cm long, 17 to 20cm wide. Transfer to a baking tray lined with baking paper. Set aside to rest for 15 minutes.
- 3 Crumble the ricotta and feta and add to a bowl with the three-cheese blend, parsley and cream.
- 4 Spread half of the cheese mixture over each oval of dough leaving a 2cm border.
- 5 Fold in the edges of the dough over the cheese mixture to create a raised edge. Twist the ends to create a boat shape.
- 6 Brush the edges with extra cream, then bake for 15 minutes.
- 7 Ask an adult to help you remove from the oven and then use the back of a spoon to gently press the filling to create a well in the centre. Crack an egg into each well.
- 8 Cut the garlic butter into four slices. Gently push two slices of butter into each end.
- 9 Return to the oven and bake for another 5 to 8 minutes, until the egg is cooked to your liking.
- 10 Sprinkle with extra chopped parsley before serving.



DID YOU KNOW?

The four deepest caves in the world are located in Georgia. The deepest, Veryovkina Cave, is 2,212m beneath the earth's surface.

Have a go at drawing 28-Kay by using the grid!



Don't forget to add your donation to your money box!

Flick through the mag and find what pages these pics are on!



Break the code to reveal the secret message!

25	19	15	4	4	15	26	11	14	15	17	12	10	4	15
5	12	10	11	14	15	21	15	24	15	14	10	22	4	

A	B	C	D	E	F	G	H	I	J	K	L	M
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Georgia